



Coronavirus (COVID-19) Rainbow Club Point Cook Inc Victorian policy

In this **Coronavirus (COVID-19) policy**, you'll find all the essential guidelines you should follow.

Policy brief & purpose

This policy includes the measures we are actively taking to mitigate the spread of coronavirus. You are kindly requested to follow all these rules diligently to sustain a healthy and safe workplace in this unique environment. It's important that we all respond responsibly and transparently to these health precautions, we assure you that we will always treat your private health and personal data with high confidentiality and sensitivity.

This coronavirus (COVID-19) policy is susceptible to changes with the introduction of additional governmental guidelines. Please check our website for the latest updates at [Info for Members \(rainbowclub.org.au\)](http://rainbowclub.org.au)

Scope

This coronavirus policy applies to all staff, members and their guests, families and support workers.

Policy elements

Here, we outline the required actions people should take to protect themselves and others from a potential coronavirus infection.

Covid Testing:

- If you have cold symptoms, such as cough/sneezing/fever, or feel poorly, request sick leave or work from home but stay away from others.
- If you have a positive COVID-19 diagnosis, you can return *only after* you've fully recovered, with a doctor's note confirming your recovery.



Travelling/commuting measures:

- All non-essential work trips and events – both domestic and international – will be cancelled/postponed until further notice.
- In-person meetings should be done virtually where possible. .

General hygiene rules:

- Wash your hands after using the toilet, before eating, and if you cough/sneeze into your hands (follow the [20-second hand-washing rule](#)). You must carry and use hand sanitizer at all times.
- Cough/sneeze into your sleeve, preferably into your elbow. If you use a tissue, discard it properly and clean/sanitize your hands immediately.
- Open the windows regularly to ensure open ventilation.
- Avoid touching your face, particularly eyes, nose, and mouth with your hands to prevent from getting infected.
- If you find yourself coughing/sneezing on a regular basis, avoid close physical contact with others and take extra precautionary measures (such as requesting sick leave and having a Covid-19 test).

General Covid Directive:

- **ALL PEOPLE**
 - At the first signs of symptoms
 - 1. Isolate and get tested
 - Do not return until proof of negative results
 - Check in with QR codes every time
 - Use hand sanitizer
 - Must follow Government directives
 - Be temperature tested on entry
 - 1. Do not enter if temp =>38 degrees Celsius
 - Maintain social distancing where possible



- **SWIMMING**

- Staff

1. Strongly encouraged to be double vax
2. Only Covid-19 double vaccinated staff can work with;
 - Under 12 year olds
 - Over 12 year olds who are NOT double vaxed (if willing and signed a consent form).
3. Wear appropriate PPE at all times
 - Face shields are available on request
4. Rapid antigen testing kits available on request

- Members

1. Under 12yo (follow Overall requirements listed above)
2. Over 12 yo
 - PPE (mask) to be worn when not in water
 - Follow Overall requirements listed above)

- Families/Carers & Support Workers attending swimming events

1. One family member or one Carer per family unless otherwise approved in writing in advance.
2. Follow Overall Requirements

- **SUPPORT WORK (non-swimming)**

- Workers

1. Provide proof of vaccination status if requested
2. Follow Overall Requirements
3. Rapid antigen testing kits available on request

- Members/Families

1. Let Rainbow Club know of vaccination status (either way)
2. Wear PPE where appropriate
3. Follow Overall Requirements (When Possible)
4. Limit contact and exposure where possible
5. Follow Overall Requirements

- **ADMINISTRATION**

1. Follow Overall Requirements